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SCHOOL-BASED LIFE SKILLS CLASSES

Afterschool Classes

WHY LIFE SKILLS CLASSES?

Life Skills classes give our students the opportunity to learn skills and create goals for the rest of their lives.

We focus on relationship building, career development, budgeting, and so much more in class. Students have the opportunity to ask questions and seek further assistance in the areas that interest them.

School-Based Life Skills (SBLS) classes take the life skills instruction into local schools.



Building Foundations, Shaping Futures

SBLS CLASSES

15 WEEK SESSIONS

CLASSES

15 week semesters are offered in the Fall and Spring. Classes are once a week and last about 2.5 hours. Individual case management is provided during the semester to introduce community resources and enhance student achievement.

PERKS

Full participation and attendance earns a \$200 stipend. Food is provided each class and some activities involve gift card incentives. Transportation home is provided by the school or SBLS instructors.

REFERRALS

A school counselor or social worker may refer a student if they think the student will benefit from our classes. Students can also self-refer.



INSTRUCTORS

Life Skills Instructors or Youth Facilitators lead the SBLS class and come prepared to initiate thoughtful discussion. They bring all materials a student may need. SBLS Graduates have the opportunity to apply for the paid Youth Facilitator position.

LOCATION

SBLS classes are an afterschool program taught in the student's school. Instructors are also available for office hours during the school day.